



# Parent-Child Social Media Contract

This contract is to help our family create ground rules and consequences for social media usage within our household. By signing this agreement, you agree to the following rules for safe social media usage.

## SOCIAL MEDIA RULES

1. You are allowed to use the following social media accounts:

Social network	Log-in	Password
www.facebook.com		

2. You agree to not change the log-in or password for any social media account without parental permission.
3. You promise to only “follow” or “friend” people through social media that you personally know.
4. You agree that your parent(s) can and will follow your social media accounts and you promise to not unfriend, unfollow or block your parents in any way.
5. Privacy settings will be established together, and you cannot change your privacy settings without parental permission.
6. You agree to never reveal personal information, including physical address, phone number and email address, in a public forum.
7. You promise to not tag friends in your pictures. Instead, you will allow your friends to tag themselves.

8. You agree to discuss friending/following teachers, school staff members, coaches and other authority figures before engaging with them on social media.
9. You promise to follow the following rules about posting content:
  - The Golden Rule: “If I don’t want my principal or parent to see it, I won’t post it on social media.”
  - Don’t hide behind the computer screen: “I won’t post anything on social media that I wouldn’t say to someone’s face.”
  - Zero tolerance for cyberbullying: “I promise to never cyberbully, and I will report any cyberbullying to my parent and/or appropriate school staff member.”
10. Remember that the internet is forever and posting pictures can impact your life today and well into the future. By participating in social media, you understand that your parent(s) can and will check all social media activity, unannounced and at random times. This includes reviewing social media activity on a computer, smartphone and/or tablet.

## CONSEQUENCES

If you break any of the rules listed in this social media contract, here are the consequences you will face:

First offense:

Second offense:

Third offense:

## SIGNATURES

By signing this social media contract, You agrees to all rules, consequences and contract review terms without exception.

\_\_\_\_\_  
CHILD’S SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT’S SIGNATURE

\_\_\_\_\_  
DATE